

Public events

Our events page shows details for events in your area and the SNZ online events.

Personal events

Organise a meal with family or friends

Travel to a sacred space together and enjoy time there

Watch your favourite spiritual film with friends

Undertake favourite family rituals

Share stories of growth

Arrange a gratitude circle

Have a candle lighting ceremony

Draw and/or colour mandalas with friends

Share healings

Share and listen to music that has spiritual significance

Celebrating on your own

Walk in nature

Undertake your favourite spiritual practice – gratitude journal, meditation, breathing, yoga, ...

Participate in community service with a local charity or nursing home

Reflect on your personal journey (possibly in a journal)

Create a sacred space in your home and enjoy it

Smudge your house

Read an inspirational book or watch your favourite movie

Do something that makes you happy

Pull some tarot or oracle cards

Study your astrological chart

Create a vision board

Perform random acts of kindness